



DOC Support Teams

DEPARTMENTAL TEAM: DOC HQT

Stephen Curry, Commissioner (271-5603)
 Lisa Currier, Administrator, HR (271-5640)
 Dick Gerry, Warden, NHSP-W, DOC Trng (271-5563)
 Lisa Angelini, Administrator, EHS (271-5661)
 Lt. Rod Greenwood, Recruiter (271-5645)
 Linda McFarland, HRC (271-5653)
 Cheryl Harrison, Payroll Supervisor (271-5642)
 Rozalind Hilton, Payroll Assistant (271-5644)
 Jan Meeks, Payroll Assistant (271-8445)
 Gina Quimby, Benefits Coordinator (271-5641)

DIVISIONAL TEAMS

NH State Prison-M

Bruce Cattell, Warden (271-1811)
 Terry McCarville, HRC (271-1818)
 Maj. Ross Cunningham (271-3140)
 Walt Davies, Operations (271-1817)
 Lt. Marilyn Whitten, Operations (271-1817)
 Lt. Jim Brown, Training Coordinator
 Lt. Bob Gauthier (Sponsor) (271-1891/1820)
 Sgt. Tony Kingsbury (Sponsor) (271-1914/1909)
 Sgt. Ron Gagliardi (Sponsor) (271-2226/2227)
 Sgt. Tom Christy (Sponsor) (271-1891/1885)
 Sgt. Joel Dinsmoor (Sponsor) (271-1861)
 Cpl. Tom Gleason (Sponsor) (271-1899)

Lakes Region Facility

Jane Coplan, Warden (528-9209)
 Ella Fredette, HRC (528-9214)
 Sgt. Mark Marchand, Training Coordinator
 Lt. Lester Eldridge, Operations (Sponsor) (528-9217)
 Lt. A. John Williams (Sponsor) (528-9256)

Northern NH Correctional Facility

Larry Blaisdell, Warden (751-0326)
 Cindy Qualls, HRC (752-0330)
 Sue Young, Administrator of Programs (752-0333)
 Cpl. Tim Coulombe, Operations (752-0387)
 Lt. Mark Jepson, Trng. Coord. (Sponsor) (752-0328)
 Maj. Dennis Cox (Sponsor) (752-0386)
 Lt. Scott Lambertson (Sponsor) (752-0381)
 Sgt. William ("Dan") Hammer (Sponsor) (572-0383)

Other Support Resources



(603) 225-1342 or 227-1477

www.esgr.com



Garrick Lewis
 103 Liberty Street
 Manchester, NH
 800-562-3127



VETERANS OF FOREIGN WARS

www.vfwnh.org



Veterans Administration:

Hospital: (603) 624-4366
 Benefits Info/Assistance: 800-827-1000

WEBSITES

www.nhmilitaryfamily.com

www.nharmyguard.com

www.deploymentconnections.org

www.deploymentlink.osd.mil

www.guardfamily.org

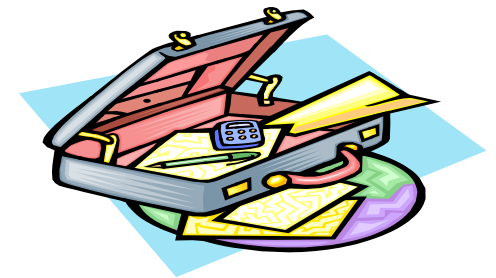
www.va.gov

NH Department of Corrections

OPERATION:

WELCOME HOME

Returning to Work



Things you should know

What to expect...

REORIENTATION

The Department of Corrections has established a Reorientation Program to assist you with your transition back to work. This program consists of two phases. The first phase is the *Departmental Reorientation*, designed to welcome you back to work, update you on departmental changes that took place during your military leave, review and update your payroll, benefits and training records. The second phase is the *Divisional Reorientation* which will be coordinated with your Sponsor. The role of your sponsor is to assist you at the worksite by updating you on the changes that have occurred during your absence, introduce you to new staff members and provide whatever assistance you need for the transition back to work. The *Divisional Reorientation* will be accomplished on the first shift, generally taking about one month as determined by you and your Sponsor.



The DOC Reorientation Program was planned to provide a universal approach in your re-entry into the Department; it is also meant to be a flexible, individualized process.

HOW YOU MAY FEEL

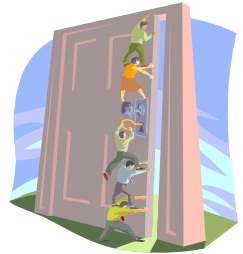
Even though you may feel happy to be home and getting back to your “normal” routine of civilian life, there will still be adjustments for you to make in both familiar and new situations at work. These are some of the feelings you may experience once you have started back to work:



- You may feel “out of place” for a period of time; just like other areas of your life, things at work have continued along. Co-workers and circumstances may be or seem different. Changes that happened while you are away (changes in personnel, etc.) may distort your perceptions of what work is like.
- You may find that adapting to the change of pace effects you differently than you expected; you may find that the everyday routine is a bit of a let-down, slower paced. You may feel like you are expected to “jump right in,” as though you never left and you may even be inclined to do so. On the other hand, you may feel tired, less motivated and even a bit discouraged; these feelings may be from the workplace itself or from adjustments outside the workplace. It is important to pace yourself and allow yourself the time to re-integrate, remembering it is a PROCESS not a single event.

THE TRANSITION

Take full advantage of the time and resources available to you through the Reorientation Program. Let your Sponsor know how you are progressing; ask questions. For your transition to be most effective don't cheat yourself of the time and resources available to you. It is the intention of the Department that the Reorientation Program be suited to your individual needs.



SUPPORT RESOURCES

NOTE that in addition to the many military, veteran and governmental resources available for you and your family, (some of which are listed at the bottom of the page and the back of this brochure) you may also call: DOC Employee Health Services (EHS), 271-5661 and the Employee Assistance Program (EAP), 271-4336.

Family Assistance Centers

CONCORD 225-1203

NEWINGTON 430-3545

HILLSBOROUGH 228-1135, EXT 2510

SOMERSWORTH 225-1813

LITTLETON 444-1353

MANCHESTER 228-1135, EXT 3320/3329